



Fisher Meats

BBQ Ham or Turkey Sandwiches (quick & easy)

Thu Jan 17 2019, 04:14pm

BBQ Ham/Turkey Sandwiches

- 1# deli Ham or Turkey, shaved
- 1 small onion, diced finely (optional)
- 1/2 C ketchup
- 1 tbs apple cider vinegar
- 2-3 tbs packed brown sugar
- 1/8 tsp black pepper

Cooking Instructions:

- combine all ingredients, EXCEPT the meat, in a medium pan
 - stir to combine well and heat over med-hi heat
 - bring to a simmer & cook for approximately 10 minutes, stirring often
 - reduce heat & add the meat, cook until heated thru (add a little water if needed)
- **to make this an even speedier recipe, just heat about 1 c of your favorite BBQ sauce & a couple tbs of water, instead of making your own sauce!**